

KURSPLAN SOMMER 2025

MO DI MI DO FR SA SO

AUGUST

04 PILATES Full Pass 18.00Uhr Full Pass YOQA 19.30 Uhr	05 PILATES Teacher in Training 18.00Uhr Full Pass YOQA 19.00 Uhr Qigong Full Pass 19.15 Uhr	06 PILATES Full Pass 08.30 Uhr Full Pass PILATES 19.00Uhr	07 PILATES Full Pass 07:30 Full Pass PILATES 18.00 Uhr YOQA Teacher in Training 19.15 Uhr	08 /	09 /	10 /
11 PILATES Full Pass 18.00Uhr Full Pass YOQA 19.30 Uhr	12 PILATES Teacher in Training 18.00Uhr Full Pass YOQA 19.00 Uhr Qigong Full Pass 19.15 Uhr	13 PILATES Full Pass 08.30 Uhr Full Pass PILATES 19.00Uhr	14 PILATES Full Pass 07:30 Full Pass PILATES 18.00 Uhr YOQA Teacher in Training 19.15 Uhr	15 /	16 /	17 /
18 PILATES Full Pass 18.00Uhr Full Pass YOQA 19.30 Uhr	19 PILATES Teacher in Training 18.00Uhr Full Pass YOQA 19.00 Uhr Qigong Full Pass 19.15 Uhr	20 PILATES Full Pass 08.30 Uhr Full Pass PILATES 19.00Uhr	21 PILATES Full Pass 07:30 Full Pass PILATES 18.00 Uhr YOQA Teacher in Training 19.15 Uhr	22 /	23 /	24 /
25 PILATES Full Pass 18.00Uhr Full Pass YOQA 19.30 Uhr	26 PILATES Teacher in Training 18.00Uhr Full Pass YOQA 19.00 Uhr Qigong Full Pass 19.15 Uhr	27 PILATES Full Pass 08.30 Uhr Full Pass PILATES 19.00Uhr	28 PILATES Full Pass 07:30 Full Pass PILATES 18.00 Uhr YOQA Teacher in Training 19.15 Uhr	29 /	30 /	31 /

SEPTEMBER

01 PILATES Full Pass 18.00Uhr Teacher in Training YOQA 19.30 Uhr	02 PILATES Teacher in Training 18.00Uhr Teacher in Training YOQA 19.00 Uhr Qigong Full Pass 19.15 Uhr	03 /	04 /	05 /	06 /	07 /
08 PILATES Full Pass 18.00Uhr Teacher in Training YOQA 19.30 Uhr	09 PILATES Teacher in Training 18.00Uhr Teacher in Training YOQA 19.00 Uhr Qigong Full Pass 19.15 Uhr	10 /	11 PILATES Full Pass 07:30 Full Pass PILATES 18.00 Uhr YOQA Teacher in Training 19.15 Uhr	12 /	13 /	14 /

Alle Kurse finden in der Bleichstrasse 84 Eingiang 3 im 4. Obergeschoss statt.

STUDIO 1PILATES & YOGA

Buchungen über > Kursplan > Sommerprogramm unter:

www.studio1-pforzheim.com